


2022 March



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		01 Monthly Motivational Meeting - 7pm Room F227 - 2nd floor Family Life Center	02 Post or comment on the family page or in the app	03 Reminder: God is making a new way!	04 • Weigh In Day • Strategy Meeting	05 Busy day today? Try the Orange smoothie for breakfast.
06 Implement the daily strategy from today's daily devotion	07 Try the 'Avocado My Eggo' recipe for breakfast	08 Reminder: God is making a way in the wilderness!	09 Reach out to an E4M family member and offer an encouraging word	10 Read or reread today's devo	11 • Weigh In Day • Strategy Meeting	12 Post or comment on the family page or in the app
13 Post or comment on the family page or in the app	14 You are doing AMAZING work! Keep on going!	15 Review your monthly goals. How are you doing?	16 Share the devotion with someone today	17 You are springing into success! Celebrate!	18 • Weigh In Day • Strategy Meeting	19 E4M Philly Steak Stuffed Peppers - Try them tonight for dinner
20 Praise God for the successes you've achieved this month!	21 Go back and listen to Friday's Strategy Meeting	22 Reminder: God is making rivers in the desert!	23 Apple Cheddar Turkey wrap - doesn't that sound delicious??	24 Post or comment on the family page or in the app	25 • Weigh In Day • Strategy Meeting	26 Read or reread today's devo
27 Try reciting the monthly scripture from memory	28 Post or comment in the Family Room of the App	29 Share at least one success you've had this month with someone!	30 Print out April's MAP	31 Did you get your groceries for April's recipes?		
03		Notes: 	Check it out! You can support our ministry by scanning our QR code with your phone's camera! It will take you directly to the giving page. We appreciate your support!!			