



45 Calories per cookie

24 Servings, approximately

Recipe Adapted from:

Skinnytaste.com

Family Rating:



Chocolate Cloud Cookies

- 1/2 c. or 4 large egg whites
- 1/8 tsp. cream of tarter
- 1/2 c. sugar
- 1 tsp. vanilla extract
- 2 tbsp. unsweetened cocoa powder
- 1/2 c. mini chocolate chips

Directions: Beat egg whites and cream of tarter to stiff peaks. Gradually add sugar, then vanilla. Mix until glossy and sugar is dissolved. Fold in cocoa powder. Fold in chocolate chips. Place one tbsp of mixture on a pan with a silicone pad. Bake at 300 for 30-40 minutes or until firm. Allow to cool and store in an airtight container.

Tips: You can experiment with other flavors such as adding essential oils such as peppermint, lemon with lemon zest, or others.