



370 Calories per serving

8 Servings

Recipe Adapted from:
dinnerdishesanddesserts.com

Family Rating:



Cheesy Sausage Pasta

- 8oz shredded cheese
- 14 oz Turkey Polska Kielbasa, sliced and halved
- 15 oz can diced tomatoes, drained
- ½ onion, diced
- 12 oz corkscrew pasta
- 2 cloves garlic, minced
- 1/5 c fat free milk
- 1.5 c fat free chicken broth

Directions: Place onions, garlic, and kielbasa in a skillet and cook until onions are softened and sausage is slightly browned. Add broth and bring to a boil, add pasta and cook until done. Add milk and shredded cheese and stir to combine until milk is heated and cheese is melted.

Tips: Serve with traditional salad or veggies. This is certainly going to be one of our new weekly meals!