



20 Calories per tablespoon
serving

Recipe from: E4M Member, April
Taylor

Tips: April added a splash of fish
sauce in lieu of the anchovy.

Joshua 3:5...Consecrate yourselves, for tomorrow the Lord WILL
do AMAZING things among you!!

Caesar Dressing

- ½ avocado
- ¼ c parmesan cheese
- ½ tsp dijon mustard
- 2 tsp Worcestershire sauce
- 2 tbsp lemon juice
- 1 anchovy
- 6 tbsp water
- ¾ tsp salt

Directions: Blend all ingredients and drizzle over your grilled romaine
lettuce.